

Demetrius Locke



Personal Quotes

I never lie because I don't fear anyone. You only lie when you're afraid. By: John Gotti

The universe is change; our life is what our thoughts make it. By: Marcus Aurelius Antoinus

Self-analysis Blurb

A "not-so-good" trait	How has this trait hurt me?	How I can change it?
Making wrong chooses	This trait has hurt me because when I Hangout with the wrong people I could get in trouble and Getting bad grades	I can change it by trying to find new friends to hangout with or not hanging out with them all the time
Not making things happen	This trait has hurt me because I do not do what I have to do to succeed	I can change it by sticking to my work like staying after school and studding and finishing my work I did not do
Procrastination	It hurts me because when I do it at the last minute it turns out bad because I did not spend time on it	Ill change it by start spending time on what ill do

Personal Quotes

**The first step to getting the things you want out of life is this: decide what you want.
By: Ben Stein**

My Personal Statement

It is fourth down and the Central District Panthers are on the forty yard line. It is the championship game; you are am sweating, exhausted, bruised, and sore. You hear “Break” you see eleven players brake into their positions. You, the SeaTac Sharks, run to the person we have to stick and defend. You listen to the crowd yelling, “Offense, Defense, Offense, Defense.” You look around and see your teammates. They’re wearing light blue jerseys with black strips on the side and black shorts with light blue strip on the side. You see your team anticipating and breathing very heavily for the C.D. Panther’s quarterback to say hike. You turn to your sideline and see your head coach screaming, “Watch for the pass.” You get into my positions stance and stare at your challenger. You hear the quarterback say, “Down....Set....Hike.” The challenger takes off the line like a rocket and goes up seven yards and then makes a cut to the inside. You are right with him and right now your heart starts to beat faster than ever because you just know something is going to happen. Then the quarterback drops back four yards, and then throws the ball to your opponent. You both leap into the air for the ball and you intercept it and you take off for the sideline. You are running for the touchdown and this one guy tries to tackle you by your ankles, but it does not faze you. You keep pushing it to the touchdown. When you make the touchdown at that very moment, the crowd is going wild.

The crowd gets quiet as the referee announce, “Pass interferences on number forty.”

Your heart drops. They take it back and you have

to recover your strength, build up some more courage, and continue the game and not give up and get back and play some defense.

This is my story about football and this moment shows how I was able to be resilient, courageous, and persistent.

Resilience means bouncing or springing back into shape and position after being stretched, bent, or compressed and to recover strength and spirit. Football has showed me how to be resilient. When I play and I get drained out or beat up, I always regain strength and spirit to not give up because if I give up I am not getting better. The reason that I do not give up is because I want to get better in whatever I am doing. My editorial about going to college shows how I am being resilient because it took me an extremely extended time to finish it, but I did not give up and I finished it and I got a good grade on it. Being resilient helps me in my life because when something

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Dreams that do come true can be as unsettling as those that don't
Brett butler

That which we persist in doing becomes easier, not that the task itself has become easier, but that our ability to perform it has improve
By: Ralph Waldo Emerson

My Personal Statement

makes me tired or stressed out, I can bounce back and keep trying. When I am resilient, I am able to become stronger, happy, and successful aging even a difficult situation or event.

Courageous means to be brave and having strength like no other. Football shows me being courageous or brave. One time I broke my leg, and after it was healed I was scared to get hit in it, but I had to be confident and not worry about it. If I do not worry about it I can get better. I get to show bravery when I am doing an effects, places. At school, I have to deal with difficult situations like with friend trouble and work, just like in football. I have to deal with getting damage or injured and sometimes with friends we deal with dangerous issues like when they want to do bad things and I go along.

When I am brave, I can be proud of what I do and in myself. I can also be brave when I do not want to do something but I still do it. Being brave helps me with my life, like if I have to tell my mother the truth that is bravery because it is hard to tell someone that you are wrong or you did something bad.

When I am brave I would have to deal with difficulties, dangers, or unpleasant situations in my life and because of that I am better person and all people deal with difficult, dangers, or unpleasant situations. When I am brave it is incredibly difficult and it takes courage and confidence and in the future I will have to be brave for more parts in my life.

Persistence means continuing to do something, even when it is tricky or other people warn you not to do it. Football has taught me that I can be persistent when I have to be. I have to be persistent when I have to or want to continue to



Top 10 artist List

- ★ T.I.
- ★ Ludacris
- ★ Ticen Evans
- ★ Trey songz
- ★ Lupa fiasco
- ★ Tupac
- ★ Mista F.A.B.
- ★ Mac dre
- ★ Soulja boy
- ★ Plies



learn something like when I want to lean something at football practice. I have to continue to be persistent in school because I have to continue to do my work in all my classes. Although it is difficult, and people say it is difficult, I still do it and I will continue to do this. Just like in football, if someone says this position is hard to get, I will still try to do it or get it. I know I mostly show persistence in school because I have to be able to continue to do my work. When I am persistent it is so I can learn how long I can continue to do something and not give up. Persistence helped me because I continue to do something that is difficult and I do not give up on what I am doing.

As I think to myself, I realize that I am resilient, courageous, and persistent. I think these are traits that I own; I am still learning to be doing them better and with more passion.

These traits are going to be useful in the future. You may

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wonder, how or why? Probably when I apply for college. I will not give up if I get rejected. I will try to make my application better and try to be persistent, resilient, and last but not least courageous. When applying for a job, I would not give up. I will try to achieve the best for me and my future.

