



5 Easy Steps to Register as an Individual at HealthiestState.org

1. Go to www.HealthiestState.org and find the “Log-In” box in the upper right-hand corner of the screen.
2. Click on “Register”.
3. Select “Champion”, enter your email address and click on “Join”.
4. Complete your Champion Registration Profile, choose a password and click on “Submit”.
5. The next screen will ask you to select the Participating Organization(s) and School(s) to which you belong or with which you are associated. Click on the check box next to the appropriate Participating Organization(s) and School(s), and click on “Submit”. If the Organization or School is underlined, click on it to join a team. Select your team and click on “Save”.

**To register your team, please follow this link: http://www.surveymonkey.com/s.aspx?sm=eYBvI7IXTfmB7W2kA6voTQ_3d_3d
(We will add your team to the website within 3 business days.)**

1. The Team Leader needs to join the team first in order to be designated as the Team Leader.
2. Already signed in as a Champion? To join a team, click on “My Organizations and Schools” on the right-hand navigation bar. Click on your Organization. Select a team and click on “Save”.
3. A Champion can only join one team per organization.
4. A Champion may remove him/herself from a team at any time (his/her miles will be deleted from the team total).
5. A Champion can see the total miles for each team joined on his/her home page, in addition to his/her personal mileage total.
6. A Champion can not join a team if he/she is unsubscribed.

You are now registered as a Champion!

To log-in and log miles, go to www.HealthiestState.org and find the “Log-In” box in the upper right-hand corner of the screen. Enter your email address, password and click on “Go”.

The navigation bar on the right side of your screen has all the links you need to log miles, track weight and take the Health Q&A!

Good luck, and keep logging those miles!

